



P
O
S
T
AM
SEE

Easter Season 2026 GUEST EXPERIENCES.

Mountains. Deep Blue Lake. Spring at its most beautiful.

A place that inspires – especially at Easter. Exclusive guest experiences await you at the Post am See, making your stay unforgettable. Art, food, nature, culture – always with a twist.

But wait – there's more!

The other Gröller Hospitality hotels also offer new perspectives with springtime highlights. Our Easter program combines selected experiences from all hotels – for guests of both hotels.

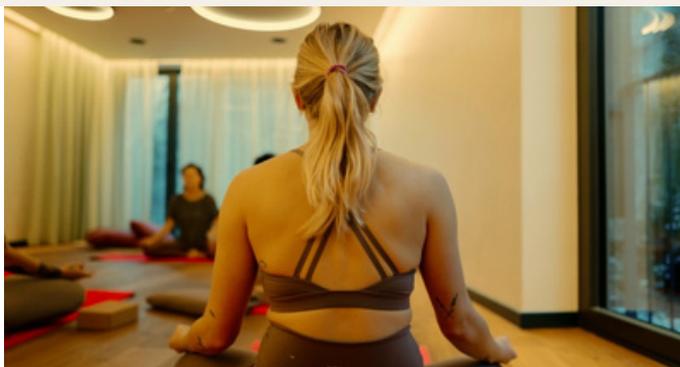
Good to know:

You can secure your participation in the experiences when you make your reservation. First come, first served.

Wellbeing Experiences

Yoga - All Levels

Find balance and inner calm in a restorative yoga session suitable for all levels. Gentle movements, flowing breathwork, and relaxing stretches bring body and mind into harmony. A mindful break that inspires lightness and renews energy.



Face Yoga

Face Yoga is a gentle practice that activates and relaxes the facial muscles. Through mindful exercises, it promotes circulation, strengthens the muscles, and enhances the skin's natural glow. A soothing experience that connects inner calm with outer radiance – perfect for a restful escape.

Pilates - All Levels

A powerful yet mindful Pilates session for all levels. Through targeted exercises to strengthen the deep muscles, conscious breathing and gentle mobilizations, the practice promotes upright posture, inner stability and renewed energy. A restorative balance that harmonizes body and mind – ideal for an energetic start to the day or a gentle break in between.



Cacao ceremony “A new beginning at Easter”

Easter stands for new beginnings and fresh energy. This cacao ceremony invites you to pause, let go, and consciously focus on spring. The warming ritual cacao opens the heart and creates space for gratitude, clarity, and an easy start to a new cycle.

Breathwork - “Spring Awakening”

A guided breathing journey that brings new energy and supports the transition into spring. Through conscious breathing, the heaviness of winter is released, inner clarity is strengthened, and fresh vitality is awakened—for more lightness, openness, and new inspiration.



Culinary Experiences

How to Negroni

Learn from the best! Marcus Volsa, Head Bartender at Belétage, which was named “Opening of the Year” in the Falstaff Bar Guide 2025, will show you how to create the perfect Negroni with a festive twist. In the exclusive cocktail workshop, you will learn all the secrets to make your Negroni a highlight of any celebration.



How to Kaiserschmarrn

Head Chef Stefan Griessler reveals the secrets behind the art of the perfect Kaiserschmarrn — golden-brown, flipped with love, and enjoyed together at the end. Served with a shot of plum schnapps and stories from the Poststube kitchen. An experience for all the senses – authentic, charming, and utterly delicious.

Wild Herb Discovery Walk

Join our culinary expert on an inspiring journey through the nature surrounding Lake Traunsee. Discover local wild herbs and learn about their healing properties — right along the trails. We'll gather, smell, taste, and share ancient knowledge and fresh ideas. A full sensory experience that grounds you and reconnects you with the power of nature.



“The fisherman & the cook” – Culinary Workshop

Immerse yourself in the culinary world of Lake Traunsee: our chefs and an experienced fisherman from the region share their knowledge of the local fish culture. Learn valuable tips on the art of filleting and preparing freshly caught fish. The highlight is a tasting of the day's catch - a taste experience straight from the depths of Lake Traunsee.

Easter egg tapping competition

A traditional Easter activity for guests at both hotels: participants compete against each other in egg tapping contests. Two eggs are tapped together at their pointed ends – the egg that remains intact advances to the next round. The contest continues until the strongest egg is determined. A convivial gathering with hearty Easter delicacies provides the perfect setting.



Culinary Experiences

Schnapps stories

Enjoy fine regional schnapps with Wolfgang Gröller and listen to exciting, humorous stories about the schnapps tradition in the Salzkammergut. An evening full of enjoyment and entertainment that brings you closer to the culture of the region in a charming way. You can purchase the delicious schnapps from us.



Traditional Fish Smoking

Get a taste of true Salzkammergut tradition right by Lake Traunsee! Join our local culinary experts and learn the art of fish smoking – fresh fish in the smoker, just like it's been done for generations. Afterward, we'll enjoy this delicious treat with a cold drink. The smell, the crackling sound, the flavor – a fun experience for all the senses, with a stunning view of Traunstein.

Cultural Experiences

Traditional Boat Ride with Wolfgang Gröller

Explore the stunning Traunsee on a Plätte – a traditional flat-bottomed wooden boat, perfect for gliding across the calm waters. Join Wolfgang Gröller on this special journey and learn more about the lake and the history of our house. If you're lucky, he might even share some fun and exciting stories from his life as a host!



“Inside Traunkirchen”

Discover the picturesque village of Traunkirchen and join us on a unique tour through our charming surroundings. Let yourself be enchanted by the beauty of Lake Traunsee and the village's special atmosphere – an unforgettable opportunity to experience Traunkirchen in a whole new way!

Easter masses in Traunkirchen

The festive Easter masses in the parish church of Maria Krönung are a special part of the Easter season. Surrounded by the historic backdrop and the famous Fischerkanzel pulpit, the Easter message is celebrated in atmospheric church services. Festive music and regional customs lend the masses an impressive atmosphere.



Special Highlight

EASTER PICKNICK.

P
O
S
T
AM
SEE

A lovingly packed hiking backpack or picnic basket for two, filled with regional specialties, invites you to enjoy a delightful Easter picnic in nature.

Whether by the lake, on a sunny meadow, or up in the mountains—your time off will be a special experience wherever you go.

The fresh, seasonal delicacies ensure moments of true enjoyment, no matter where your spring escape takes you.

You can get suitable route recommendations and the best picnic spots at the reception. Available on request one day in advance.

Spring is here – time to bloom, hop, and shine.

